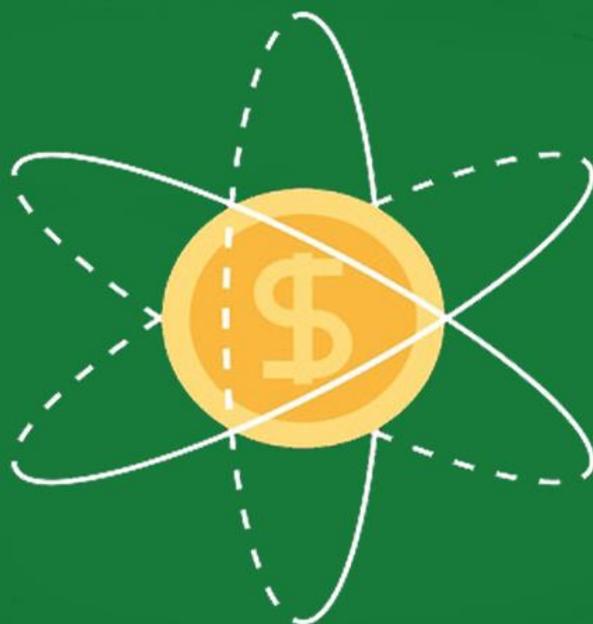


MONEY MANIFESTING WITH THE PROS

**Top LOA Money Coaches Share Their Best
Advice for Creating Wealth & Abundance**



**Cassie Parks - Andrea Conway - Andrrea
Hess - Jeanna Gabellini - Jeannette Maw**

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Introduction

We asked the world's top Law of Attraction money coaches six questions to pick their brains about best practices for manifesting money.

Each of these coaches has proven expertise in this field, through their personal practice as well as their professional commitment to supporting others in manifesting financial success.

They are the world's top specialists in three areas: Law of Attraction, coaching, and money. It's a rare expertise, and a valuable one.

You won't find anyone else with more qualified experience in guiding others to use Law of Attraction in creating wealth and abundance.

And you won't find their compiled wisdom anywhere else either.

This book represents the accumulated benefit of thousands of coaching sessions and decades of support to aspiring creators just like you.

The insights shared here have the potential to exponentially propel you up the LOA learning curve in manifesting real money.

The six questions we asked each coach were:

Best Advice

What's your best advice for manifesting money?

Where to Start

Where does one begin in the process of manifesting money?

Personal Experience

What's your personal experience in attracting abundance?

Favorite Resource

What's your favorite resource for using LOA to create wealth?

Common Pitfalls

What are the most common pitfalls or obstacles you see manifestors experience?

Final Thoughts

What are your final words of wisdom for aspiring money creators?

What follows are the best insights from those who know better than any others. They've walked the talk themselves and they're sharing it in the real world with real people.

Enjoy learning what the world's leading LOA money coaches have to say about manifesting financial wealth and abundance ...

Cassie Parks

LOA Money Coach

<http://www.LOAmoneycourse.com>

Cassie Parks is a Money Maven. She's dedicated to teaching people how to improve their money mindset in order to increase their financial success. Utilizing real estate investing, creating a positive money mindset and leveraging the power of the Law of Attraction she retired at 32.



Cassie is the creator of the *Manifest 10K Course*. It is the only pay-after-you-manifest-money course. She is also the author of *Money Mindset for a Champagne Life* and *Investing Secrets for a Champagne Life*, available on Amazon.

Teaching people to live their Champagne Life is one of Cassie's passions. She does this through *Manifest 10K*, virtual and in-person workshops and Champagne Life Coaching.

When Cassie isn't teaching the principles of living a Champagne Life, she can be found enjoying the view from her balcony in Downtown Denver, celebrating with friends over champagne, spending time with her family, traveling, performing Improv, or writing in a local coffee shop.

Best Advice

Q: What's your best advice for manifesting money?

If I had to pick one trick to manifesting money it would be to change Stuart Wilde's advice from "The trick to money is having some" (also the title of Wilde's book) to "The trick to having money is acting like you have some."

Ninety percent of your day you can "act like you have money." When you go to the grocery store, walk through the aisles asking, "What do I want?" instead of thinking about what you cannot afford. If when you have more money, you will shop at an all-natural, organic chain store, write "Shopping List for (insert store name)" on the top of the list. Go shopping in the neighborhood you would shop in if you had the money you desire.

When you pay your bills, activate that feeling of having more than enough money before you ever open your account. Walk down the street like you have money. If your intention is more money, pretend as often as possible that you have more money. There are *a lot* of opportunities daily to pretend like you have money. Most people are just focused on the opportunities they have to practice *not* having money. It takes practice to pretend you have money.

When you practice having money, you automatically activate the feeling of having it. The more familiar you get with the feeling of having it, the quicker you will have it.

My best advice for manifesting money is to really appreciate what you already have. It sounds cliché but it is so important. Focusing on what you already have automatically opens the door to receiving more. Constantly asking for more without an ounce of appreciation for what is in front of you will leave you wanting because you are coming from a place of "not enough." Being appreciative of what

you already have puts in you in a place of having “enough.” “More than enough” follows enough, but people try to go from the feeling of “not enough” to “more than enough.”

Where to Start

Q: Where does one begin in the process of manifesting money?

Honestly, if you want to use the Law of Attraction to manifest money, I would start with a program that lays out a plan and teaches you what to do, and why you are doing it.

I say this because money is a big thing.

From my experience it takes practice to learn how to manifest money. The reason I see most people not get the results they desire is because they are all over the place trying this and trying that.

Finding a program that can walk you through the process in the beginning will save you a lot of time and energy “trying” this technique and that technique. Joining a program also gives you added support.

I see people give up when they do not see immediate results. Sometimes it just takes a little time for all the pieces to fit together for you to get what you desire.

If you stop doing the work before you see the results, it will get frustrating and you will build evidence that you can't successfully use the Law of Attraction to manifest money. Joining a program and sticking to it can save you a lot of time, energy and heartache. It will also get you what you desire -money - faster and easier.

Prior to starting any money manifesting programs, techniques, etc. you want to make sure that you are investing in self-love. That means taking *really* good care of yourself: getting enough sleep, eating well, relaxing, etc. You want to make sure you are meeting all your basic needs.

Once you can check that off the list, you want to make sure you are investing other ways in self-love. For example, doing things you love, investing money in experiences that bring you joy, saying yes to things you want to do and no to things you don't, and talking to yourself like you would your best friend just to name a few.

Investing heavily in self-love amps up your worthiness vibration and that automatically opens the door to more abundance.

Manifesting money takes as long as it takes. There are so many factors involved that there is no one-size-fits-all answer. Some people shift their focus to money and it starts rolling in right away.

It depends on where you are and how long you have been practicing “not having any money.” You will start seeing evidence almost immediately if you are on the lookout for it. Seeing evidence is the clue that tells you money is on its way.

Trust the process works and keep seeing reasons why it is working instead of telling yourself it's not working and that you have to fix something. You get what you focus on. If you focus on it not working you will see lots of evidence that it's not working. If you focus on the fact that it's working you will see lots of evidence and eventually the abundance that says it's working.

Personal Experience

Q: What's your personal experience in attracting abundance?

My biggest success in manifesting money is my financial freedom, which allowed me to retire at 32.

I think I first learned how to have an abundance mindset and then I started playing with manifesting money.

The first big thing I manifested was a 20% raise. I did that by setting the intention and listing all the reasons I was worthy of the raise. I really amped up my focus on my contributions to the company I was working for. I didn't start working harder, but rather started to acknowledge everything I did and really focus on the value I delivered through what I did.

To me manifesting money isn't something you do. You actually are or are not a money manifestor. There are a lot of techniques I use that make up a loose process, but to me what is more important than the steps is becoming someone who manifests money in all forms. All my processes and techniques have become part of who I am. I do them all the time as part of my day rather than just setting out to manifest some money.

Dedication is the reason I am really good at manifesting money. Once I saw that there were people who believed money could come easily to them and I could see it happening in their life I was committed to becoming one of them. For whatever reason, I didn't believe it would happen over night. I think that belief is crucial to why I got so good at it. I saw it as a process, as an evolution. It was four months after I set the intention for the 20% raise. I didn't know at the time when raises happened. So, I wasn't upset two weeks later when nothing happened and I was extremely happy when I got the raise and I knew I had created it.

Approaching it as a process allowed me to see success along the way. I was also focused on my success and the fact that it was working, even if the evidence of that was pretty few and far and in-between in the beginning. I see people all the time who think it's going to be something that happens overnight with a couple intentions, a visualization and three days of repeating a mantra. I am sure that can happen. That just was not my experience in the beginning. I had to become someone who manifested money first.

Now that I see myself as a money manifestor, manifesting is quick and easy. Recently, I gave myself a year to increase my passive income by \$500/month to pay for the increase in payment on my new house. Within a few weeks an opportunity arose that will allow me to switch things around and make \$650 more a month. That manifestation came out of just setting an intention but I think I had to become a Money Manifestor before it became that quick and easy.

It was totally worth the time, energy and money investment to become a Money Manifestor because now it's pretty easy.

Favorite Resource

Q: What's your favorite resource for using LOA to create wealth?

My favorite resource to share with people who desire to manifest money is my *Manifest 10K* course.

The course is 90 days of lessons and assignments that help you become a money manifestor. It's the program I thought needed to be created to really walk people through the process of becoming a manifestor. I like recommending it because I did the course before I released it and experienced a 33% increase in my annual income. That is in addition to manifesting the money the course brought in.

I haven't seen anything else like it before. There is also a pay-after-you-manifest option because I know it works.

In addition to the *Manifest 10K* course I think any of the courses Jeannette Maw does are fabulous.

Common Pitfalls

Q: What are the most common pitfalls or obstacles you see manifestors experience?

The most common pitfalls I see are expecting it to happen overnight and then getting frustrated when it doesn't, then focusing on debt instead of more money. Saying you want to manifest money to pay off debt is actually focusing on debt. What is likely to happen is that you get more debt or you pay off all your debt and within a short time something happens and you are back in debt. It is because that is what you have been focused on. What you want to focus on is more money.

Talking about debt, the reason you want to pay off the debt, in most cases, is so you no longer have a payment. What you really want is more money to do the things you enjoy. I coach people to focus on what they are going to do with the extra money they have when the debt is paid off.

That puts the focus on what you do want instead of what you do not want. You get what you focus on.

I also like to open people up to seeing themselves getting what they want in a different way.

Let's use an example of a \$10,000 debt. The payment is probably around \$200 a month. If you are just starting your money manifesting journey do you think it's going to be easier to manifest \$200 extra a month or \$10,000? Manifesting

\$200/month gets you what you want, \$200 more dollars to invest (spend) on something you choose.

It's important to focus on what feels possible. Often it feels a lot more possible to manifest \$200/month (or \$2400/year) than it does to manifest \$10,000.

The more possible something feels, the more likely it is to come true. Getting successes under your belt is a big confidence booster when it comes to manifesting money. We do focus on \$10,000 in *Manifest 10K*, but we also build up to it. We focus on getting small successes in the beginning of the course to build up your confidence in manifesting.

Getting frustrated because people expect to manifest \$10,000 overnight is the other big pitfall I see all the time. People set a big intention like \$10,000 right out of the gate and they want it to show up the next day. Again, that is totally possible. However, understanding it is going to be a process, and that taking small steps toward success is important, will lead to more success and less frustration.

Once you start telling yourself it's not working and focusing on that, you have turned your attention in the opposite direction of what you desire. As long as you keep focusing that way, you are going to get more of the same and it is not going to work. Be patient.

Get a coach who can point out when you are focusing on something you do not want. This is how you learn.

The other technique I use to create more success and less frustration is by identifying what the money is for. If you want to manifest \$10,000, what do you want it for? What are you going to do with it? Sometimes it is easier for the Universe to deliver exactly what you want instead of the cash.

It's important to identify what you are going to do with the money. This gives the Universe more freedom to play and deliver. It also gives you more opportunities to see that something is working. For example, if one of the things you want when you manifest money is a massage and someone gives you a massage, that counts as success. Give yourself plenty of reasons to see your success.

Successful manifestors are very good at seeing that it is working. They are masters at seeing evidence. They are confident and can let go. They know it's working. They trust the process.

The most frustrating question I get from new manifestors is "What am I doing wrong?" They are focused on the fact that it isn't working. That always gets you further from your intention. The other frustrating thing is that they do not put attention on the evidence that it is working. They will have all these reasons to see it is working and will find a way to dismiss them. You get what you focus on. If you focus on the fact that it is working, you will get more of what you desire.

Final Thoughts

Q: What are your final words of wisdom for aspiring money creators?

Many people tell me they are good at manifesting everything except money. I do not think manifesting money is different than manifesting other things. I do think money has such an impact in our lives that sometimes it can feel more difficult. It requires a lot of focus.

You can do it. You can become a money manifestor. Take a minute and imagine what that looks like for you. Imagine what it feels like to know you can manifest money easily and quickly. Hold onto that vision and thought as you travel on your money manifesting journey. If you get frustrated come back to that vision and feeling. That is where you are headed and the Universe is working with you to get you there. Remember to look for the clues you are getting closer.

Resources from Cassie:

[LOA Money Course](#)

[Live Your Champagne Life](#)

[Complimentary Money Manifesting Tool Kit](#)

[Money Mindset for a Champagne Life](#) (book)

[Manifest 10K](#) (course)

Andrea Conway

Spiritual Entrepreneur Coach

<http://andreaconway.com>

Andrea Conway has been helping spiritual entrepreneurs attract the income they like from the businesses they love since her first LOA coaching website launched in 2002.



A successful entrepreneur since 1992, Andrea first encountered the Abraham-Hicks teachings on the Law of Attraction in 1989. Through Abraham's perspective Andrea realized her true purpose in business: she deeply wanted to become a successful entrepreneur and a teacher of other entrepreneurs desiring to create spiritually authentic businesses.

By 1992 Andrea had quit her high-tech corporate marketing career to start her first business as a marketing consultant. No paycheck, no 401K, no year-end bonus, no paid vacation. What she did have was a big new mortgage on an antique home across from the ocean on Boston's North Shore. She still remembers leaving corporate as "The scariest thing I have ever done."

Andrea went on to create two highly profitable 6-figure businesses including her current coaching business. Today her passion is sharing her expertise with other spiritual entrepreneurs and helping them create spiritually authentic businesses that thrive.

Best Advice

Q: If you knew then what you know now, what would you have told yourself back in the early days of figuring this stuff out?

If I could go back in time to my first forays into the Law of Attraction in the late 1980s, I would tell myself...

Look, it's not the big weird mystery it seems to be. It turns out you can really trust this Universal Law and leverage it to create more of the life you want. You just have to understand that it's never ignoring you or punishing you – it's only giving you feedback so you can exercise your free will. It's showing you exactly where you have the opportunity to release thoughts that no longer serve you.

This Law loves you. It wants for you what YOU want for you. But first it has to reflect to you the negativity you dwell in so you can finally see that negativity and let it go.

Society taught you that being negative is being real, and being positive is just wishful thinking. This was a lie. You don't need to struggle to manifest money or anything else.

You were created as a completely worthy being. You just have to ask, believe you can have it, and then enjoy life as best you can. Law of Attraction does the rest. Believe in this Law and keep experimenting with it so you can understand exactly how to cooperate with it.

Common Pitfalls

Q: What is the most common pitfall you see new manifestors experience in creating money?

As an LOA coach to entrepreneurs who own or want to start a happily thriving business, I see one predictable pitfall that throws new entrepreneurs off course far more than any other obstacle.

It's the fantasy that "If I'm on my path the universe will make things easy for me."

If that's your approach to business, here's what usually happens. As soon as the first difficult hurdle appears, you as a sensitive spiritual entrepreneur find yourself feeling absolutely crushed. Ugh!

In my view this reaction is completely understandable – but only because the person experiencing it has not been taught the truth about creating with the Law of Attraction.

Over time as you walk the path of "deliberate manifestation" (a term found in the teachings of Abraham-Hicks) you can expect to experience greater and greater levels of ease and success.

You may still experience obstacles, but you'll be quicker to shrug them off and move ahead.

Whenever you begin a brand new venture in life, you can pretty much count on slamming into a few obstacles. It happens in any area of life where we want to make a change.

Dieting, dating, learning to excel at a sport, getting married, raising teenagers or deciding to learn a foreign language ... whenever we step out of our comfort zone we will usually have to move through some set-backs to reach our goals.

This typical response to a setback – “the universe must be telling me there’s an easier path” – is one I have heard countless times in 14 years of coaching more than 1,000 people. It’s the exact opposite of what the universe intends for you to understand.

So that this experience never has to throw you off course again, let me explain what’s actually going on when you meet with a setback.

What’s going on is: The universe is giving you feedback about your level of alignment with your goal. The feedback is given to you out of love – to help you see where you might need to shift some no-longer-serving-you beliefs or make some other changes in perspective. Feedback that appears negative is not meant to stop you; it’s meant to reveal to you exactly how to move forward!

As an example...

Let’s say you’re a new coach and have decided to offer a one-day workshop in the city where you live. It’s your first event as a coach in your city. You promote the event in local newspaper “upcoming events” listings, on your facebook page, and through word of mouth. You’d love to have between 10-100 people. But after a month of promoting the workshop, you have zero sign ups.

Does this mean no one’s interested in your workshop? Does it mean there’s you’re not “meant” to be successful in your career? Are you flawed in some way? No, none of the above!

It only means it can take time to build up a local audience of people who know you and will want to attend your events.

If you had started promoting earlier, and networked to connect with people, and if you had collected the names of those you met and sent them an occasional newsletter and emails about the workshop and how it would benefit them, you would probably have seen a much higher response rate to your workshop.

Often spiritual entrepreneurs tend to assume that when things go “wrong” they need to do more inner work. What I observe as their coach is: nearly always, making the commitment to persevere and then getting help to improve your actions is far more effective in moving your business forward than another round of self-examination (when you have likely already devoted many years to self-understanding).

Your goal was to create a popular workshop that would make you money – but what you left out was the right way to market your workshop: connect with people, begin to build a mailing list, give quality free content via a newsletter, and in so doing build trust first – before asking for money. Setbacks in business are nearly always about refining your actions.

One of the most successful Law of Attraction teachers alive today, Mike Dooley, had this exact experience when he offered his first workshop in Orlando, Florida. Only his mom and brother showed up. Today thousands of people attend Mike’s lectures and trainings as he travels all over the world.

Favorite Resources

Q: What’s your main method for manifesting money?

I keep it easy: I get clear on what I want, get really into the feeling of having it, and let it go.

Because I've been self-employed for over 20 years now, and I've witnessed the universe come through for me time after time after time after time, it's rare for me to feel much fear about money these days. But when I first started out in business and was less experienced with LOA, money fear was my constant companion.

Like many people I used to constantly long for money, ask the universe to bring me money, and constantly worry about not having enough money. I lit candles, performed rituals and wrote prosperity affirmations. This was the exact opposite of what I finally learned to do.

If you're always in money shortage, always longing for more while feeling lack in the moment, you can't attract money in abundance – no matter how many rituals you perform.

Longing for money is a big mistake because when we long for something our predominant vibration is: I don't have this thing I really really want. Then we're attracting more things that are a match to "I don't have this thing I really want." Ouch!

Constant awareness of your lack of money means you have not yet understood how the Law of Attraction was designed to work for you.

If you want money, stop taking actions from a place of lack.

Instead, begin to change your view of your relationship to the universe.

You are not some powerless, groveling, struggling human who must plead or somehow prove your worthiness before you can have your financial needs met abundantly.

You are the divine child of an all-powerful, abundant creator. You have been endowed with the ability to create – as all beings are. You are loved, supported and blessed every minute by this universe where all create their own reality.

You are destined for love, success, and every good thing – as long as you accept your divine destiny with an open, receiving heart. If you constantly worry that your destiny sucks...that's the destiny you'll create.

You and spirit are ONE – which means that all the qualities of spirit, including abundance, prosperity, wealth, divine love and more – are already within you.

Instead of trying desperately to call money to you, stop and imagine money – abundant money - radiating from your heart out to the world as an endless supply of riches.

Have you ever had the experience of believing you lost something valuable – a gold earring for example – that you searched for day and night to no avail... yet one day long after you gave up on the earring and were not thinking about it at all, you happened to open a drawer and there it was?

This is the truth about all of your wealth. You already possess it, but you are so busy searching for what you perceive to be the absence of it that you can't see you already own it.

Forget rituals and processes to get money. Begin to re-train your mind to understand that you are divine, you are blessed, you are worthy, and the universe does not withhold anything from you. You withhold it from yourself through your fear and doubt. But you have the inner power to begin accepting your wealth now.

Ask for the money you require to live a full, enjoyable and meaningful life to you. Ask for the money you require to live on your highest path. Ask as if you deserve

it because you do. Feel yourself having it now. Decide to feel good and at peace with what you have asked for, knowing the universe is already on it and your wealth is already within you as part of your divine nature.

Final Thoughts

Q: Any final thoughts or words of wisdom for aspiring money creators?

The Law of Attraction is science and it's here to stay.

LOA is not a fad, not wishful new-age thinking, not the pathetic fantasy of loony escapists.

It is the new reality of humankind as it eternally evolves.

Do we create our own reality or don't we?

Law of Attraction says we do. Not just sometimes – all the time. No exceptions.

Why, then, do we continually create situations we don't like? Why would anyone "create" a car accident or cancer or being the victim of a crime?

Of course no one would create these things on purpose. Critics of the Law of Attraction seem to think we are all either too stoned or too hypnotized by evil charlatans to realize that people often create things they really do not want.

Attention: when people create things they don't want, they generally do so unconsciously.

Typically it happens because we have unexamined thoughts that create unexamined discomfort and stress in our minds. If we hold this stress long enough, without shining the light of consciousness on it to figure out what

ingrained emotional patterns are running our show, we tend to attract something unwanted.

Not because we're bad or stupid - but because LOA is an extremely precise feedback mechanism. Its purpose is not to punish us but to wake us up:

“HEY, you've got a habit of thought and emotion that not's letting you receive your desires – wake up and use your genius human brain to install some new and better-feeling habits of thought. Do it NOW and watch how fast everything turns around for you.” – The Universe

When you finally decide to become a conscious partner with the Law of Attraction in creating what you do want, the first thing that happens is you step into greater awareness of what you really think. You always thought you were an optimist, but then...

One day after much self-observation you tell your LOA coach, in absolute horror, “No wonder I never have enough money. All my thoughts about money are steeped in believing there's never enough for me – and I have to struggle just to survive! I keep creating my lack of money – ugh.”

You're horrified – but you've just had a true revelation. Now you understand exactly how you have been creating ... now you are free to create differently.

Currently most humans on the planet are mostly creating, as Abraham-Hicks says, “by default” because we aren't aware of what our minds are thinking about. But we are evolving into deliberate, conscious creators very rapidly.

In another generation or two the debate about whether or not we create our own reality will have faded into the dust of history. Just like the debate about whether or not the earth revolves around the sun.

Why not choose to step beyond all the tiresome bickering about LOA right now? At some level you KNOW it's real.

If you go back in time even 20 years, you can see how much progress has already been made in humans taking responsibility for what they create in life. Author and teacher Caroline Myss points out that our parents and grandparents would likely never have said, "I create my own reality."

The words would not have occurred to them. Why? Human spiritual evolution – which is orchestrated by the universe – wasn't ready for it.

Today millions of us are willing to consider and even experiment with the idea that we create our own reality – even if we still have our doubts.

If you are reading this you are in the soul group here to lead humanity through this huge leap into knowing our ultimate freedom: the freedom to choose what we think under any and all circumstances and, in so doing, to attract more of what we desire and lead richer lives.

Our children, grandchildren and great-grandchildren will already know their inner freedom to think – and create – what they choose with their minds and emotions.

If you're still getting dragged into discussions about whether the Law of Attraction "works" or not, you can stop now. Ignore the doubters and connect with others who, like you, are evolving and leading this huge change in humanity's understanding.

If you're curious about and interested in the concept of The Law of Attraction and creating your own reality, that's the secret sign: you are part of a transformation in consciousness that is unstoppable.

“The desire for riches is simply the capacity for larger life seeking fulfillment... It is the desire of God that you should get rich.” – Wallace Wattles, *The Science of Getting Rich*

Resources from Andrea:

Access higher levels of attraction power when you connect with customers soul-to-soul. The *Attract More Customers Kit* opens the door to authentic relationships with customers who value you and want to pay you! Begin to transform your marketing and attract your ideal customers today when you claim the Kit at [Attract More Customers Kit](#).

Andrrea Hess

Soul Realignment Coach

<http://SoulRealignment.com>

Andrrea Hess is a psychic and spiritual teacher, as well as the creator of Soul Realignment, an intuitive healing modality focused on reading and clearing the Akashic Records.



She has trained over a thousand practitioners in more than 40 countries worldwide over the last eight years in Akashic Records reading via her modality.

Andrrea sees entrepreneurship as a spiritual path of Divine self-expression. Andrrea helps her clients create a financially abundant business that is an expression of who they truly are, at Soul-level. She teaches her students how to leverage manifesting principles and Universal Law to create the income they want, in alignment with spiritual growth and expansion.

(Rather than answer six questions, Andrrea submitted this article for you.)

Money And The Evolution Of The Spiritual Path

Once upon a time, if you were born as a peasant farmer, odds were that you stayed a peasant farmer for the rest of your life. If you were a tradesman, you stayed a tradesman. And if you were a woman ... well, you didn't even get to choose a trade. In other words, our choices were incredibly limited.

Today, on the other hand, we have the opportunity to reinvent ourselves as many times as we want. We can radically change our profession, dramatically increase our income, start businesses, get married, get divorced, or not even bother with

the traditional conventions of relationships and family. In other words, the choices available to us are practically limitless.

The evolution of much of today's society towards an abundance of choice is mirrored by our evolution towards higher consciousness. The two go hand in hand.

As society has shifted dramatically to allow for incredible new availability of choice, so has our ability to access information about our creative process through choice and consequence.

Which came first - the societal shift or the accessing of higher consciousness? Most likely, new consciousness triggered social change, which triggered new shifts in consciousness, which triggered more social change, and so on.

So here we are. In much of the Western world, we can do pretty much ANYTHING we want with our lives. Thanks to the Internet, we can study anything, develop any skills we want, generate income from our couch, and find people all over the world who share our perspectives. For women even more than men, the availability of choice has changed dramatically.

BUT ... many of us who are dedicated to our spiritual path and personal evolution have never been in this much struggle. In spite of all this availability of choice and consciousness, I get emails every day from highly awakened and gifted Souls who are struggling financially, and feeling stuck in their third-dimensional lives.

Here's why:

We're trying to walk two very different and ultimately opposing spiritual paths.

Let's go back in time for a moment ...

Imagine you are a spiritual teacher, hundreds of years ago, trying to serve as many people as possible in making their lives better and happier.

What would you tell the peasant farmer, the tradesman, the scholar? Their professions, relationships, and economic circumstances were not going to change much. Major life transformations were just not available to most people.

How would you help them?

You would teach them to be as happy as possible with the life they were leading ... given that they couldn't actually CHANGE their lives. You would teach them to focus on the present moment, rather than looking towards a future that was just an endless, monotonous repetition of today's hard work.

You would teach them not to aspire to worldly wealth, because they were NEVER going to get wealthy. You would teach them to be free of desire, because OF COURSE desire creates suffering if we can't freely create what we want, through choice.

You would teach them to quiet the complaints and worries of their minds and detach from the struggles and limitations of their third-dimensional circumstances as much as possible, given that those circumstances probably often sucked. I'm sure life as a peasant farmer in ancient China or in medieval times was not an easy one!

And given that those sucky circumstances were never going to change much in their lifetime, you would give people hope that all the work they were doing to develop non-attachment to their physical life would pay off big at some point, in the afterlife. Call it nirvana, call it heaven, call it escape from the karmic wheel ... eventually, we wouldn't have to come back into the hardship that was the physical incarnation.

This HAD to be the spiritual path, because there simply was no consciousness OR opportunity to freely create our experience, through choice.

We couldn't change our lives. We could only change our minds and our reaction to our lives.

That was the only choice available to us.

Withdrawal from third-dimensional life WAS the spiritual path.

Fast forward to today ...

We can now create almost anything we want, through choice. And along with the availability of choice, our consciousness has evolved. We are highly aware of ourselves as spiritual Beings.

The availability of both choice and consciousness means that our Soul can now use the human experience as a spiritual playground for its creative self-expression.

Except ...

For thousands of years, the spiritual path has meant turning AWAY from third-dimensional life.

Money - the very substance that facilitates MOST choices and therefore our creative process at the physical level - was deemed "un-spiritual" for thousands of years. Because, based on the old spiritual path ... it was.

For millennia, we thought it was more spiritual to BE than it is to DO.

This brings us to our current dilemma.

If we continue on the spiritual path of withdrawal from third-dimensional life, we will also continue to live within the same limitations of physical reality that we have maintained for thousands of years. If we're going to withdraw our focus and energy from the physical realm, how can we expect to be powerful or creative at the physical level?

The old spiritual path teaches us to withdraw from our reality and teaches us non-desire and detachment, so that we may transcend our circumstances.

But of course, there's also a new version of the spiritual path available to us today.

The new spiritual path is about consciously and actively changing our circumstances and physical reality, through choice, thus giving our Soul it's self-expression within the human experience.

The new spiritual path is about embracing rather than withdrawing from third-dimensional life.

The new spiritual path is about fully embodying our Divinity at the level of our physical experience, engaging in our inherent creative power through choice and using that power to consciously craft our desired reality.

The new spiritual path embraces the wealth and abundance of the physical realm as a canvas for our soul's self-expression.

Which path is yours? Is your path about withdrawing from, or embracing, physical life?

One path is not better than the other. They end up in the same exact place. But they are completely different.

The path of withdrawal requires less physical effort, and is less risky. Regardless of what circumstances you find yourself in, you can choose contentment and peace through mastery of your mental state. But you cannot expect the path of withdrawal to also create life circumstances of financial abundance.

The path of embracing the physical realm requires more physical effort and risk, but also holds the potential for wealth, the freedom to choose how, where, and with whom to spend your time, and to craft a reality for yourself that express who you truly are. But if you are going to engage with the physical realm, it means you have to also engage with desire, passion, and the full range of human emotionality, including anger and fear.

Like I said, one path is not better than the other. And they both lead to the same destination.

Struggle happens when you're on the fence between the two paths, trying to walk BOTH.

We cannot meditate, say affirmations, and engage in spiritual practice all day long and expect abundance to land in our bank account. The path of withdrawal does not create physical or financial abundance. You'll wrestle with desire until you can liberate yourself from those desires, and step into the peace and tranquility of non-desire and detachment, and know your Divinity through these states.

But we also cannot embrace the path of Divine self-expression through bold new action and expect to do so with the tranquility and inner peace of non-desire. The path of engagement with physical life requires desire and passion. This also means you'll wrestle with egoic resistance, fear, and your most human survival instincts. But when you've transcended fear, you'll know yourself as human AND

Divine by the evidence of the new abundant reality you've crafted, through choice.

You can go "up" and ascend from your humanity into your Divinity.

Or you can get "down" (and probably a little dirty) with your Divinity and embody it into your humanity.

But if you try to do both at the same time ... well, then you're going up one day, getting down the next, and going nowhere overall. You will not experience the tranquility and peace of non-desire, nor the abundance of engagement with the physical realm.

You can't create an abundant physical reality that matches your Divine self-expression, but also do so with the ease, the absence of risk, and the peace of the spiritual path of withdrawal from our physical reality.

Most people today are trying to walk both paths because they want the benefits of both ... but are not willing to engage in the discipline and effort required for either path.

This is why so many healers, coaches, and other highly conscious entrepreneurs who are committed to their spiritual evolution are struggling.

We're trying to walk two paths that are going in opposite directions.

The result? We're not moving. Nothing is manifesting.

Pick a path. Commit to it.

One path is not easier than the other. They are just different.

Both paths require the same massive amounts of discipline and self-mastery.

The old spiritual path requires the transcendence of the ego at the level of desire.

The new spiritual path requires the transcendence of the ego at the level of our survival instincts.

Both paths require mastery over the physical experience. The old spiritual path masters the physical realm through detachment and non-desire. The new spiritual path masters the physical realm by crafting our desired reality, as if shaping a lump of clay.

Both paths ultimately lead to Oneness.

If you choose the old spiritual path, then go meditate. You don't need to invest a whole lot of money on this path, because this path isn't about engaging with the physical realm. You only need enough money to sustain your physical body. And I'm afraid I can't really serve you, because the old path is not the one I've chosen to embrace.

If you choose the new spiritual path, then let's be clear:

Employment is not an option for you. While you may not want to start or run a traditional "business," you're going to have to generate your own income. There's no way around it if you truly want to embody your Divinity. Entrepreneurship is the only path that allows for full self-determination, that lets you be 100% at choice over what you do, as well as when and how you do it. I'm not suggesting you quit your job overnight, but you're going to have to leave it eventually.

You're going to have to DO your Divine self-expression. That means you have to get to KNOW who you are, at soul-level. But knowing isn't enough. Knowledge and information is not the path. The new spiritual path is a path of action. And

the action is ABOUT self-expression. It's not about money. It just so happens that when you DO your Divine self-expression, money is an inevitable side effect, a happy byproduct. But this path is about DOING your Divinity, first and foremost.

If you are unwilling to invest effort because you're not sure that you'll get a financial result ...

... then you're really missing the point.

This path is messy. There will be desire, passion, joy, resistance, irrational fear, transcendence, frustration, and anger. You will have to wrestle with your ego's desire to stay inside your comfort zone. Your ego will not like it. If you want to walk this path with "ease and grace," then you've gotten the two paths confused, or are simply kidding yourself.

Along the way, your life circumstances will reflect more and more abundance. There will be more than enough money. You'll live where you want and drive what you want and travel how you want. And you won't care about any of it. Because what you will truly value is who you have become - a Divine Being fully expressed as human.

At the end of this path, you will experience the same level of detachment, tranquility and peace as you would on the old path. Sure, you'll have a full bank account. But you won't care, just like you wouldn't care about an empty bank account on the old path, either.

If you're committed to your spiritual evolution - really committed! - then pick a path.

But don't hang out in between.

Suffering, struggle and lack happens in between.

Most of the spiritual development community and even many conscious entrepreneurs are stuck in between.

It's time to choose. Which path is yours? Have you been trying to walk both?

Resources from Andrrea:

www.EmpoweredSoul.com

www.SoulRealignment.com

Jeanna Gabellini

Master peace Coaching

<http://masterpeacecoaching.com>

Jeanna Gabellini is a Master Business Coach who supports conscious entrepreneurs to double (and even triple) their profits by leveraging attraction principles, proven strategies and fun.



She is also the co-author of *Life Lessons for Mastering the Law of Attraction*, with Eva Gregory, Mark Victor Hansen & Jack Canfield. Her newest book is ***Rock Your Profits: Stress-Free Steps to Turn Your Biz Into a Badass, Money-Making Machine.***

Combining vision, divine guidance and easy to implement actions, Jeanna delivers top-tier private coaching and sold-out seminars that have allowed committed entrepreneurs to blow past their self-imposed limits, ditch the drama of overwhelm and move into radical joy, inner peace and ever-increasing profits.

(Rather than answer six questions, Jeanna wants you to read this article.)

Hooked on Money

“Why?” you ask. “Why do I feel tension about money or what I have to do to get it?”

Let me soothe your money feathers. Everyone has money triggers, including myself.

Even my wealthiest clients experience tension in certain situations around money.

There are hundreds of money triggers, depending on your upbringing. Underneath those triggers it usually boils down to a belief that there will not be enough, fear of losing what you have or how others will judge you.

The good news is that you can shift from high financial stress to signing whopping contracts in a matter of weeks. The solution is simple but definitely takes commitment.

Your #1 goal is to focus shifting your perspective about money on a daily basis. See?

Simple. Maybe not easy, but totally within your control because it's about inner game.

You don't necessarily need to go back in time to figure out where you originally picked up your fearful thoughts about money. It's easier to start with now.

Acknowledge that it is simply a perspective about money that has kept you hostage.

There is no other reason than that for your lack of wealth or security with it.

Please don't fall victim to excuses about the economy, lack of time, your parent's upbringing, divorce settlements, lawsuits, crooked business partners or the hundred other reasons why you're in this situation about money. They are all irrelevant to making your breakthrough into true abundance.

You'll want to focus on your desired end outcome in order for your experience with money to shift. The Law of Attraction is always at work and has no attachment to your history. It is only responding to what you are focused on right now.

In fact, blow your mind results are already being cooked up behind the scenes long before you see hard-core evidence. Assume your situation is course correcting if you're feeling good and taking inspired action.

Immediately stop any self-destructive actions and habits regarding money. If you spend money and then feel stressed, you must stop spending so much money or stop stressing when you do.

If you blame others for your situation, stop. It's about you, not them. If you feel like you can't do anything about your money issues, you won't. Take small steps to begin to believe and act like you can.

If it were possible for you take control, what would be your first step?

Heads up: you can't tackle this money thing for a week and expect to be done with it. It will take some time, focus and practice. You'll need some support. But you can do it.

I've coached many people who believed they'd never ever turn around their money issues. I've had the extreme pleasure of watching them double and triple their incomes, too. Most importantly, I've witnessed their transition into peace around money. You can do it, too.

Baby steps create avalanches of prosperity.

Resources from Jeanna:

[Rock Your Profits](#) on Amazon

Jeannette Maw

Good Vibe Coach

<http://goodvibecoach.com>

Jeannette Maw is the Good Vibe Coach on a mission to inspire conscious creators to their best manifesting game.



Trained as a Certified Financial Planner and Retirement Specialist in her previous life, Jeannette is passionate about helping people master the game of money using their conscious creative powers.

She is the founder of Good Vibe University and publisher of a popular LOA blog. Jeannette calls herself “the ultimate manifesting geek.”

Best Advice

Q: What’s your best advice for manifesting money?

My best advice for manifesting money is this: don’t make it such a big deal.

I know that’s easier said than done, but it really doesn’t help when we make money such a big hairy deal.

If we can find a way to make it matter less, to take the charge off of it or release our attachment - that helps tremendously in letting our natural state of abundance flow.

I know how frustrating that might be to hear when it seems very important that we get our hands on some money right now. But that vibration doesn’t help.

The easier we are about it, the more carefree and light we are on this topic, the better it flows.

That's why the three most powerful things you can do right now to manifest financial abundance are to:

- ❖ Learn how to relax about money
- ❖ Appreciate the prosperity you already have
- ❖ Let it be okay where you're at financially right now

If you can do that, you'll drop a lot of the resistance you have to money. And that's all we have to do – stop resisting it because it's our natural state to experience wealth and abundance.

It might take some practice, but even just taking a few deep breaths whenever you feel financial tension will go a long way in opening up your vibration up to receiving money.

Where to Start

Q: Where does one begin in the process of manifesting money?

You've already started since the whole process begins with the desire for more money. So you're further ahead than you might realize!

What I suggest next is learning to appreciate what's going right with your money already.

That's the hands-down best place to start turning your money vibration around – just noticing what's already working in your financial arena.

That may be hard to recognize at first, but it's crucial that you do, because without developing eyes for what's working now, you'll have a hard time seeing any future money manifesting success.

It gets easier as you practice seeing what's going right. Don't be discouraged if at first it's hard to pinpoint - keep up the effort and you'll be well rewarded for it.

Personal Experience

Q: What's your personal experience in attracting abundance?

When I manifest money for fun, I'm quite successful with it. When I make it important, it's slow going.

One of my biggest personal insights about manifesting money came a year or so ago when I was intending a seven figure income. After a few months of getting used to the vibration of seven figures, I realized two things:

- 1) I was manifesting seven figures out of resistance to six figures (tired of not seeing my income grow out of the six figure range) and
- 2) The reason I wanted to make more money was so that I would feel more successful.

I was making money important. I was making it responsible for how I felt. And that is not the best way to go about inviting it in.

That realization led me to do two things: take responsibility for my own feelings (instead of requiring money to make me feel successful); and to make friends with a six figure income again. I had to find a way to appreciate six figures instead of resent it. That might sound ridiculous to some, but trust me, the attitude you have about money right now would seem just as ridiculous to someone else.

Favorite Resource

Q: What's your favorite resource for using LOA to create wealth?

I am a huge fan of everything Abraham, so I have to recommend Abe's vortex meditation for money and Abraham's book on manifesting money.

I also enjoyed Stuart Wilde's *The Trick to Money Is Having Some* and Neville Goddard's material.

But truthfully, anything you feel drawn toward or that Universe drops in your lap is what you want to tune into. Your higher self knows what will serve you best and it will deliver it when you adjust your frequency even just a little towards financial prosperity. Perhaps you've already done that by attracting this book. ;)

Common Pitfalls

Q: What are the most common pitfalls or obstacles you see manifestors experience?

Most common pitfalls I see in the manifestors I work with (myself included on occasion) are these:

1. Need or attachment. (Making money a big hairy deal.)

The more it matters to us, the more elusive it seems to become. Finding a way to relax about it and having a lighter more carefree approach goes a long way in attracting more moolah. It's not easy to do, but it can definitely be done.

2. Focusing on what *is* rather than what *we prefer*.

Abraham calls this “beating the drum of what is.” The more we look at reality, the more we repeat it. We’ve got to find a way to get our attention off of what is in order to allow the goods to unfold. When you can start seeing “plenty” instead of “lack,” you’re on the right track!

3. Financial set points.

We get used to a certain amount of money (or lack of it) in our lives and we tend to hover in that neighborhood until we create a new normal for ourselves. We can create a new money default by tending to the manifesting practices that serve us so well. It’s just a matter of doing the vibrational work!

Final Thoughts

Q: What are your final words of wisdom for aspiring money creators?

We tend to put more emphasis on money than is helpful, and we’d do very well to just get on with the business of enjoying life.

Money isn’t actually going to do for us whatever we think it is. It’d be nice if it could, perhaps, but the responsibility for how we feel always falls on us.

Skipping money as the middleman and just deciding to enjoy what life has to offer right now not only gives us what we wanted all along (a happy life), but also is the ticket to letting more money in.

So chill out, lighten up, and recognize that everything’s going to work out. It always has and it always will.

Find something that makes you smile today and know that finding a way to feel even a little bit better is in high service to your financial prosperity and well being. 😊

Resources from Jeannette:

[3 LOA Keys to Unlock Your Financial Fortune](#) (free ebook)

[Good Vibe Blog](#) money posts

[Good Vibe University](#) (online LOA party)

Money Manifesting Resources

[LOA Money Course](#) pay-after-you-manifest online course with Cassie Parks

[Complimentary Money Manifesting Tool Kit](#) by Cassie Parks

[Money Mindset for a Champagne Life](#) ebook by Cassie Parks

[Manifest 10K](#) course by Cassie Parks

[Attract More Customers Kit](#) by Andrea Conway

[Rock Your Profits](#) ebook by Jeanna Gabellini

[3 LOA Keys to Unlock Your Financial Fortune](#) (free ebook by Jeannette Maw)

[Good Vibe Blog](#) money posts by Jeannette Maw

[Good Vibe University](#) online LOA community & resources

[The Trick to Money Is Having Some](#) book by Stuart Wilde

[Money and the Law of Attraction](#) book by Abraham-Hicks

[Money Mojo Magic](#) ebook by Jeannette Maw